

WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	Cereal or/and Toast with vegemite/jam	Cereal or/and Toast with vegemite/jam	Cereal or/and Toast with vegemite/jam	Cereal or/and Toast with vegemite/jam	Cereal or/and Toast with vegemite/jam
Morning Tea	Fresh fruit platter <i>Milk / water to drink</i>	Raisin bread <i>Hot chocolate to drink</i>	Fresh fruit platter <i>Milk / water to drink</i>	Cereal with milk <i>Milk / water to drink</i>	Fresh fruit platter <i>Milk / water to drink</i>
Lunch	Chilli Con Carne with rice	Macaroni & cheese	Creamy chicken & spinach pasta bake	Rice with tuna and sweet corn	Spaghetti Bolognaise
Dessert	Greek Yoghurt	Flummery	Greek Yoghurt	Berry mousse	Chocolate custard
Afternoon Tea	Cruskits with condiments <i>Milk / water to drink</i>	Fresh fruit platter with corn chips <i>Milk / water to drink</i>	Veggie sticks with pita bread and dips <i>Milk / water to drink</i>	Fresh fruit platter <i>Milk / water to drink</i>	Variety sandwiches <i>Milk / water to drink</i>
Late snack	<i>Variety of crackers or/and biscuits</i>				

WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	Cereal or/and Toast with vegemite/jam	Cereal or/and Toast with vegemite/jam	Cereal or/and Toast with vegemite/jam	Cereal or/and Toast with vegemite/jam	Cereal or/and Toast with vegemite/jam
Morning Tea	Toast with vegemite/jam <i>Milk / water to drink</i>	Fresh fruit platter <i>Milk / water to drink</i>	Cereal with milk <i>Milk / water to drink</i>	Fresh fruit platter <i>Milk / water to drink</i>	Pancakes <i>Hot chocolate to drink</i>
Lunch	Tuna & macaroni pasta bake	Nachos Tuesday	Lentil and pumpkin soup with bread rolls	Minced beef Stroganoff	Chicken and rice casserole
Dessert	Vanilla Custard	Jelly	Greek Yoghurt	Greek Yoghurt	Flummery
Afternoon Tea	Fresh fruit platter with mini donuts <i>Milk / water to drink</i>	Variety sandwiches <i>Milk / water to drink</i>	Fresh fruit platter <i>Milk / water to drink</i>	Rice cakes with cream cheese <i>Milk / water to drink</i>	Fresh fruit platter <i>Milk / water to drink</i>
Late snack	<i>Variety of crackers or/and biscuits</i>				